

Bout of illness can't hold Colbran back

TRIATHLON >> BURST Triathlon Club's Matthew Colbran recovered from two weeks of illness to come first in his category at the Bribie Island Triathlon on Sunday. In the

short course 300/13/3 event Colbran won the 18-19 years category. Marc Vann came second in the 45-49 age category, Lauren Ledderhose stepped up from the junior distances and dad Matthew Ledderhose finished his first triathlon. Hayden Alder and mum Lou Alder did a team effort while Michael Dennis, Ron Perse, Margaret Scott, Virginia Colbran also competed in the short course. Derek Burton, Benita Griener and Dave Allder all finished strongly after enduring the wind and rain in the 1000/28/8 long course event.